

# SA Menu No. 2 (2024-2025)

Month: March Days: 03-07 Year: 2025



Breakfast	*1-2	3-5	6-12	Monday	Tuesday	Wednesday	Thursday	Friday
Milk	4 oz	6 oz	8 oz	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored
Vegetable/ Fruit/Juice	1/4 Cup	1/2 Cup	1/2 Cup	Diced Pears	Mix Fruits	Pineapples	Slice Peaches	Mandarin /Oranges
Grains/ Breads	1/2 Slice/ 1/4 Cup	1/2 Slice/ 1/3 Cup	1 Slice / 3/4 Cup	Rice Crispy Cereal (WG)	French Toast	Oatmeal (WG)	Honey Graham Toasters Cereal (WG)	Corn Meal
Meat/ Meat Alternative					Bacon			
Extra / Optional								
Lunch	*1-2	3-5	6-12	Monday	Tuesday	Wednesday	Thursday	Friday
				<b>Grilled Cheese</b>	<b>Beef Tacos</b>	<b>Mac &amp; Cheese w/ Turkey Ham</b>	<b>Fish Sticks</b>	<b>Arroz con Salchichas</b>
Milk	4 oz	6 oz	8 oz	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored
Meat/ Meat Alternative	1 oz	1-1/2 oz	2 oz	Cheddar Cheese Slices	Ground Beef / Shredded Cheese	Turkey Ham / Cheddar Sauce	CN Fish Sticks	Vienna Sausage
Vegetable	1/8 Cup	1/4 Cup	1/4 Cup	Broccoli Cheddar Soup	Cabbage	Mix Vegetables	Mashed Potatoes	Mix Veggies
Fruit (or Vegetable)	1/8 Cup	1/4 Cup	1/4 Cup	Pineapple	Fresh Apple	Mixed Fruit	Mandarin /Oranges	Peaches
Grains/ Bread	1/2 Slice/ 1/4 Cup	1/2 Slice/ 1/3 Cup	1 Slice / 3/4 Cup	White Bread	Flour Tortilla	Elbow Pasta	Fish Breading	Yellow Rice
Extra/ Optional							Ketchup	
Snack	*1-2	3-5	6-12	Monday	Tuesday	Wednesday	Thursday	Friday
Milk	4 oz	6 oz	8 oz				1 % Milk unflavored	1 % Milk unflavored
Meat/ Meat Alternative	1/2 oz	1/2 oz	1 oz	Cheese Stick				
Vegetable/ Fruit/Juice	1/2 Cup	1/2 Cup	3/4 Cup		Salsa	100 % Grape Juice		
Grains/ Breads	1/2 Slice/ 1/4 Cup	1/2 Slice/ 1/3 Cup	1 Slice / 3/4 Cup	Saltines Crackers	Tostitos Chips (WG)	Cheez-It (WG)	Animal Crackers	Mini Muffins (WG)
Supper	*1-2	3-5	6-12	Monday	Tuesday	Wednesday	Thursday	Friday
				<b>Hamburger</b>	<b>Arroz con Salchichas</b>	<b>Beef Taco</b>	<b>Chicken Patty</b>	<b>Spaghetti with Meatballs</b>
Milk	4 oz	6 oz	8 oz	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored
Meat/ Meat Alternative	1 oz	1-1/2 oz	2 oz	Beef Patty	Vienna Sausage	Ground Beef	(CN) Chicken Patty	Meatballs
Vegetable	1/8 Cup	1/4 Cup	1/4 Cup	Lettuce	Spinach	Lettuce	Mix Vegetables	Green Beans
Fruit (or Vegetable)	1/8 Cup	1/4 Cup	1/4 Cup	Mandarin / Oranges	Mix Berries	Pineapple	Pears	Mixed Fruit
Grains/ Bread	1/2 Slice/ 1/4 Cup	1/2 Slice/ 1/3 Cup	1 Slice / 3/4 Cup	Burger Bun	Yellow White	Taco Shell	Burger Bun	Spaghetti Pasta
Extra/ Optional				Ketchup		Shredded Cheese	Ketchup	Spaghetti Sauce

**Note: Water will be served EVERYDAY during Snack**  
**(CN) CN LABEL REQUIRED**  
**\*Cut in bite size piece for 1-2 yr olds**  
**1 Year Olds Are Served Whole Milk**  
**6yrs and up is offered Flavored Milk**