



**SA Menu No. 3 (2024-2025)**  
**Month: March Days: 10-14 Year: 2025**

<b>Breakfast</b>	<b>*1-2</b>	<b>3-5</b>	<b>6-12</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Milk	4 oz	6 oz	8 oz	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored
Vegetable/ Fruit/Juice	1/4 Cup	1/2 Cup	1/2 Cup	Diced Pears	Diced Peaches	Strawberries	Pineapple	Mix Fruits
Grains/ Breads	1/2 Slice/ 1/4 Cup	1/2 Slice/ 1/3 Cup	1 Slice / 3/4 Cup	Cinnamon Toast Crunch (WG)	Biscuits (WG)	Cream Of Wheat (WG)	French Toast	Corn Dog (WG)
Meat/ Meat Alternative								
Extra /Optional					Cream Cheese		Syrup	Syrup
<b>Lunch</b>	<b>*1-2</b>	<b>3-5</b>	<b>6-12</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
				<b>Chicken Alfredo</b>	<b>Hot Dog</b>	<b>Meatball w/ Rice</b>	<b>Cheese Burger</b>	<b>Beefaroni</b>
Milk	4 oz	6 oz	8 oz	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored
Meat/ Meat Alternative	1 oz	1-1/2 oz	2 oz	Chicken Breast	Beef Hot Dog	Meatballs	Beef Patty / Cheese Slice	Ground Beef
Vegetable	1/8 Cup	1/4 Cup	1/4 Cup	Spinach	Baked Beans	Pinto Beans	Tater Tots	Coleslaw
Fruit (or Vegetable)	1/8 Cup	1/4 Cup	1/4 Cup	Mandarin-Oranges	Pears	Pineapples	Mix Fruits	Diced Peaches
Grains/ Bread	1/2 Slice/ 1/4 Cup	1/2 Slice/ 1/3 Cup	1 Slice / 3/4 Cup	Penne Pasta	Hot Dog Bun	White Rice	Burger Bun	Elbow Pasta
Extra/ Optional				Alfredo Sauce	Ketchup		Mayo/ Ketchup	Spaghetti Sauce / Coleslaw Dressing
<b>Snack</b>	<b>*1-2</b>	<b>3-5</b>	<b>6-12</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Milk	4 oz	6 oz	8 oz	Low-Fat Yogurt		1 % Milk unflavored		
Meat/ Meat Alternative	1/2 oz	1/2 oz	1 oz				Applesauce	
Vegetable/ Fruit/Juice	1/2 Cup	1/2 Cup	3/4 Cup		Cheese Stick			100% Orange Juice
Grains/ Breads	1/2 Slice/ 1/4 Cup	1/2 Slice/ 1/3 Cup	1 Slice / 3/4 Cup	Pretzels	Saltine Crackers	Cornbread	Cheez-Itz (WG)	Sunchips (WG)
<b>Supper</b>	<b>*1-2</b>	<b>3-5</b>	<b>6-12</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
				<b>Tuna</b>	<b>Chicken Marinara</b>	<b>Chicken Patty</b>	<b>Cheese Pizza</b>	<b>Grilled Ham &amp; Cheese</b>
Milk	4 oz	6 oz	8 oz	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored	1 % Milk unflavored
Meat/ Meat Alternative	1 oz	1-1/2 oz	2 oz	Tuna	Chicken Breast	Chicken Patty	CN Cheese Pizza	Ham & Cheddar Cheese Slices
Vegetable	1/8 Cup	1/4 Cup	1/4 Cup	Mixed Veggies	Spinach	Fries	Corn on Cob	Carrots
Fruit (or Vegetable)	1/8 Cup	1/4 Cup	1/4 Cup	Mixed Fruits	Pineapple	Slice Peaches	Pears	Mandarin -Oranges
Grains/ Bread	1/2 Slice/ 1/4 Cup	1/2 Slice/ 1/3 Cup	1 Slice / 3/4 Cup	White Bread	Penne Pasta	Burger Bun	Pizza Crust	White Bread
Extra/ Optional				Mayo	Marinara Sauce	Ketchup		Mayo

**Note: Water will be served EVERYDAY during Snack**  
**(CN) CN LABEL REQUIRED**  
**\*Cut in bite size piece for 1-2 yr olds**  
**1 Year Olds Are Served Whole Milk**  
**6yrs and up is offered Flavored Milk**